

ALEXIS SOUTHALL, DANCE BIO:

Dancer. Instructor. Choreographer. Director. Producer. Alexis Southall is a professional dancer from the UK working internationally, sharing her extensive knowledge of fusion bellydance – a contemporary and experimental approach blending the cultures of the East and West. Alexis has had the privilege to be an invited guest teacher and performer in 21 countries to date, and is known for her precise technique, flawless musicality and her generosity as an instructor.



Since beginning her life in bellydance in 2006 with Karen Price in Wolverhampton, Alexis has studied broadly with some of the most prolific dancers in the field. In recent years, she has focused her studies to train extensively with her most influential teachers: Zoe Jakes, Amy Sigil, Suhaila Salimpour and, most recently, Piny and Leo Orchidaceae. In addition to her studies in bellydance, Alexis takes classes in Street Dance and Jazz.

Alexis is an eternal student of dance and movement. Qualified Level 3 Mat Pilates instructor and Personal Trainer, she also holds many dance qualifications. She is certified to teach Levels 1-4 of UNMATA's Improvisational Tribal Style bellydance format, and is certified Level 2 of Zoe Jakes' DanceCraft and Jamila Salimpour formats, Level 1 in Suhaila Salimpour format, as well as FatChance BellyDance General Skills for ATS.

As well as her extensive solo work, Alexis has had the opportunity to work collaboratively with esteemed artists from all over the world. She has been a guest artist for Olivia Kissel's HYBRID Dance Project, Ambrosia Dance Company, and toured in the production of Bellydance Evolution's 'Alice in Wonderland' on its European debut. In 2015 Alexis was commissioned to choreograph 'Paradiso' in Francesca Pedretti's 'La Divina Commedia' in Rome.

Alexis is based in Wolverhampton, UK, where she teaches Fusion Bellydance, West Coast Vintage style and ITS classes. She is choreographer and director of the Juniper Project, Juniper Collective, and Wreck It, and producer of the annual fusion dance festival Infusion Emporium. In 2013 she was a featured instructor on the first UK Tribal Fusion instructional DVD and from 2013-16 was a co-producer of Gothla UK festival. In 2015 she launched the Tribal Fusion Education Programme (TFEP), a comprehensive training programme for dancers looking to up their skills in Tribal Fusion bellydance, to rave reviews. Outside of dance, Alexis loves to travel, dabbles in organisational psychology research, and is an avid orchid collector.

"An amazingly hard working and passionate individual, Alexis Southall is a performer and teacher you will not want to miss out on. Her creativity, dimension and sense of fun absolutely oozes out on stage. Also - buy her jewellery...it's stunning". - Jesse Stanbridge, FatChanceBellyDance, San Francisco, USA.

Website: <http://alexissouthall.com/index.html>